

Options for Your Table's Ongoing Progress in Hearing, Doing, and Retelling the Word

***Regularity:** Your group may decide to interact every week, every other week, or every month.

***Format:** Your group may decide to interact in person, over Zoom, or over email/text.

1. Basic Expository Approach, with a focus on application

- a. Listen to sermon series, with Bible open and taking notes, then gather (in-person or virtually) to discuss a few simple application questions
 - Alistair Begg: [10 sermons on Mark](#) from 2015
 - Alistair Begg: 17 sermons on Titus from 2012 [here](#) and [here](#)
- b. Read Donald Whitney, [Praying the Bible](#)
 - After reading book, gather as group to pray through one Bible passage together (using the method); you could work through a small biblical book throughout the summer this way, such as Titus; or you could pray through Psalm 120–134, one psalm per gathering
 - This approach would train you more in the method of “praying the Word,” which you could use the rest of your life :)

2. In-Depth Expository Approach, with a focus on personal Word work

Everyone completes her own personal Word work; then each person reads some commentary on that text; then group discusses together

- a. Select Psalms
 - *Personal Word work*: perhaps use attached document for each psalm chosen
 - *Commentary resource*, after personal Word work:
 - Dale Ralph Davis books on select psalms: [1–12](#); [13–24](#); [25–37](#)
- b. Gospel of Mark: [Mark, A 12-Week Study](#)
- c. Gospel of Mark: personal Word work, then use this resource: [Let's Study Mark](#) (discussion questions included in book)

3. In-Depth Topical Approach, with a focus on application

- a. Tim Keller, [Walking with God through Pain and Suffering](#) (16 chapters)
- b. Rebecca McLaughlin, [Confronting Christianity](#) (12 chapters; apologetics)
- c. Blair Linne, [Finding My Father: How the Gospel Heals the Pain of Fatherlessness](#) (9 chapters)
- d. Sinclair Ferguson, [In the Year of Our Lord: Reflections on Twenty Years of Church History](#) (20 chapters)

Bible books we've covered in Word-Filled Women (through weekly studies or workshops):
Genesis, [*upcoming year*: Deuteronomy], Ruth, Ecclesiastes, Proverbs,
Matthew, Colossians, 1–2 Thessalonians, James, Hebrews

PSALM _____

HEAR THE WORD

Themes and Images

1. What are the major themes of this psalm?
2. What metaphors and imagery stand out in this psalm, and how do they help develop meaning?

Structure

3. What do you notice about how the psalm's parallel lines and stanzas unfold meaning, layer by layer?
4. What are the distinct parts of this psalm and how do they hold together? Briefly outline the passage to show its shape. *You may outline this passage in whatever form you prefer.*

Context

5. If the psalm's superscription associates the psalm with a specific historical situation, how does this context help you interpret the psalm?
6. How does this poem's context within the songbook of God's worshipping people (that is, within the Psalter) affect our understanding of the psalm?
7. How does this passage fit into its whole-Bible context? *For example, how would this passage have prepared its original audience for the gospel of the Lord Jesus Christ?*

Unifying Theme

8. What's this psalm's unifying theme? *Respond with one sentence.*
9. What does this psalm mainly reveal about God's character and ways? *Respond with one sentence.*

DO THE WORD

Aim and Application

10. Look back through the passage you have studied. Considering all that you have observed in this psalm, how would you summarize the psalmist's aim/purpose in writing it?
11. In what ways do you find this psalm accomplishing the author's aim in your own heart?
12. If you more fully believed what this psalm reveals about God, what's **one thing that would change** in your life—perhaps a change in attitude, practice, thought life, a relational pattern, or something else? *Refer to your summary in question 9.*

RETELL THE WORD

13. Who is **someone** with whom you want to retell a truth of this psalm (especially its main theme and what it mainly reveals about God)—perhaps a coworker, friend, family member, or neighbor?

Specific person/group: _____

Specific truth to share: _____

Possible occasion for sharing this truth: _____

14. How will your retelling and applications of this psalm direct your listener(s) to **the person and work of Jesus Christ**, who is at the center of the Scriptures? *Be specific.*